The worst part about attending a conference in downtown Toronto is resisting the temptation to step outside and start exploring. And one of the best parts about attending a conference in Toronto is giving in to that temptation.

The list is endless: international cuisine, unique shopping venues, diverse cultural facilities and events, trails, parks, distinctive architecture and nonstop top-caliber entertainment.

If you have limited time because you’re taking in every minute of education, networking and practice-building that’s available at the Ontario Dental Association Annual Spring Meeting, it helps to step out the door with a plan in mind. Here are a few nearby possibilities.

The Toronto Islands offer some great appeal to conference attendees who start feeling a bit cooped up by the end of the day. Plus getting there is half the fun, with a $7 (round trip), 10-minute (one-way) ferry ride.

Some of the top dental companies in the world are ready to help you explore the latest advancements in products and services that can help make your practice more helpful, safe, fun and profitable. It’s all available inside the Metro Toronto Convention Centre South Building, at the Ontario Dental Association Annual Spring Meeting.

If you have at least two people and one them is at least four feet tall, you qualify for the swan boat rides at Centreville Amusement Park on Toronto Islands.

Here in Toronto

Cocktail hour
One opportunity that’s worth taking advantage of is the cocktail reception on Friday that runs from 4:30 to 5:30 p.m.

New products
Also today and Friday are a number of opportunities to learn more about new products being represented on the exhibit floor.

Sales pressure
Exhibitors demonstrate products in an interactive, no-sales environment. If you’re ready to buy or seek out even more details, all you need to do is hunt down the exhibitor’s booth on the exhibit floor.

Here in Toronto

Tourism Toronto desk

Here in Toronto

Tourism Toronto desk

Here in Toronto

Tourism Toronto desk

Tell us what you think!
Do you have general comments or criticism you would like to share? Is there a particular topic you would like to see articles about in Dental Tribune? Let us know by emailing feedback@dental-tribune.com.
Discover the World of Sirona 3D Imaging!
Built upon a solid, 100+ year Imaging foundation.

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More 3D possibilities! The proven Galileos Comfort and Galileos Compact, with (15x15x15)cm and (12x15x15)cm volumes, provide more advanced 3D Imaging.

Whatever your Imaging needs, Sirona has it all!

For more information, please contact your Sirona representative: in British Columbia (604) 889-4441 in Alberta/ Saskatchewan/ Manitoba (604) 760-3046 in Ontario (416) 710-1853 or (416) 816-4469 in Quebec and the Maritimes (514) 214-8383 and (514) 827-5444

The Dental Company
Canada’s largest dental meeting offers free C.E. credit on exhibit hall floor

2012 Journées dentaires internationales du Québec (JDIQ), is May 25–29

More than 12,000 delegates are expected in Montreal for the 42nd Journées dentaires internationales du Québec, the annual meeting of the Ordre des dentistes du Québec. The convention is May 25 through 29, at the Palais des congrès de Montréal in the heart of downtown.

Canada’s largest annual dental meeting attracts a renowned line-up of speakers from around the world. Highlighting the program are Drs. Gordon Christensen, John West, Harald Heymann and Jose-Luis Ruiz, to name just a few.

Dental Tribune Study Club hosts C.E. lectures

The Dental Tribune Study Club will host a lecture room theatre on the exhibit floor featuring short presentations on new products and technologies in dentistry. These one-hour sessions are ADA-CERP certified and are open at no charge to all attendees registered to the convention or the exhibition.

The lecture area will be located directly on the south side of the exhibit floor, facing aisle 1000.

The scientific program offers a wide variety of hands-on workshops for all members of the dental team over a three-day period. Presentations are in English and French.

The general attendance courses and exhibition floor featuring more than 325 booths are open to all participants for one registration fee. All lectures are ADA-CERP certified for continuing education credits.

Because many limited-attendance courses are already sold out, event organizers encourage all those interested to register soon to avoid disappointment. The Ordre des dentistes du Québec encourages you to take this opportunity to visit Montreal during an especially scenic time of the year.

North America’s biggest single-day dental convention, the Toronto Academy of Dentistry Winter Clinic, celebrates 75 years on Friday, Nov. 2. Photo/Provided by Jun Li, www.dreamstime.com

Biggest one-day dental convention

The largest one-day dental convention in North America is preparing for its 75th anniversary. The date for the 2012 Toronto Academy of Dentistry Winter Clinic is Friday, Nov. 2.

An exhibitors’ prospectus is in distribution, and exhibitor applications are being accepted. Registration for attendees is expected to be available online this summer.

Toronto Academy of Dentistry Executive Director Billy Lowe said attendance at the 74th Annual Winter Clinic, which was more than 3,000, was up compared with 2010 for all sectors of attendees, but most notably among dentists.

The event brings together dental professionals and top industry speakers from across the globe to explore industry trends, clinical advancements and new products and services.

A respected leader and resource to the dental profession in the metropolitan Toronto area, the organization is dedicated to enhancing the professional lives of its members through guidance, education and service. Its membership consists of four component societies: North Toronto Dental Society, Toronto East Dental Society, Toronto Central Dental Society and the West Toronto Dental Society, all supported by a strong community of dental suppliers.

(Source: Toronto Academy of Dentistry)

For more information on the convention, please visit www.odq.qc.ca.

(Source: Ordre des dentistes du Québec)
INTRODUCING
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A Revolutionary Resource for Implant Dentists

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Benefits:
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• Serves as an on-demand refresher course to access training 24/7.
• Simple enough even for the most technology-challenged participants to use.
• All of the course modules are included.
• Enables you to maintain the integrity of the original training experience.
• MyDentalPad Pro* includes 5 full-course bound manuals plus 5 bonus training models. (*Tablet also sold individually)

Visit us at Booth #324 to see MYDENTALPAD demo
Visit us at: handsontraining.com or mydentalpad.com
Three-dimensional diagnostic vision in dental radiography is making waves in dentistry around the world. With multiple indications, we lack clarity with regard to proper indications and guidelines for use of cone-beam computed tomography (CBCT) imaging for dental diagnostics and therapeutic treatment. My journey with CBCT technology began four years ago. I searched for a comprehensive system that could provide a passport to the future in dental care. Using Sirona’s Galileos-CEREC Integration (GCI) Software, the clinician can identify the restorative requirements virtually, including emergence profile, depth of restorative interface and proper identification of restorative material thickness around the long axis of the planned implant and abutment. The GCI workflow includes the ability to generate siCAT surgical guides for complete guided osteotomy and implant placement. Photos/Provided by Sirona

Sirona CBCT system is practice’s cornerstone

By Neal Patel, DDS

Here in Toronto
Visit Sirona in booth No. 903.

See VISION, page 7
Chairside zirconia fix saves time and money

Here in Toronto

Learn all about VOCO and Cimara Zircon and other VOCO products in the VOCO Canada booth (No. 6L4). You can contact VOCO Canada at (888) 847-0322 or visit the website www.voco.com. You can learn about earning free C.E. credit at www.vocolearning.com.

German manufacturer VOCO, with Cimara Zircon, is introducing a new complete chairside zirconia repair system to restore fractures in zirconium dioxide veneers and crowns in a few simple steps.

The system saves time because there is no need for removal of the old restoration, impression taking, making the provisional and requiring a second appointment. It saves money because there are no lab bills.

The kit includes: special zirconia grinding burs, a primer that is specifically developed to bond to zirconium dioxide, an adhesive that bonds to all light-, dual- or self-cured composites, and GrandioSO nano hybrid composite for the final esthetics.

The kit, specifically designed for zirconia repair, includes all the matching materials and results in much higher shear bond strength values than other repair systems that are designed only for traditional ceramic repair.

(Source: VOCO)

Thanks to Sirona Implant Software, CBCT workflow is now more efficient than ever before, and I look forward to the journey with Sirona 3-D!

SIRONA 3-D imaging for complete guided osteotomy and implant placement. According to studies by Dressel et al., the accuracy of implant placement using siCAT guides has been found to be within 500 microns of planned placement.

**Small, inherent mean-deviation rates at apical end and crestal**

The siCAT surgical guide system’s inherent mean deviation rates for the drilled pilot osteotomies are determined to be smaller than 500 μm even at the apical end and within ±1.18-degree angular deviation. Crestal deviations, in general, are significantly lower than the apical deviations.

The release of inLab Abutment enables complete control of final abutment design and fabrication. The integration of multiple technologies by Sirona enables complete control over dental treatment.

This new technique offers the ability to comprehensively plan optimum implant prosthetic and surgical outcomes during the diagnostic and planning phases of the patient’s treatment. The integration software enables clinician to work virtually.

Using Galileos-CEREC Integration (GCI) Software, the clinician can identify the restorative requirements virtually, including emergence profile, depth of restorative interface and proper identification of restorative material thickness around the long axis of a planned implant and abutment.

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**New tools on horizon**

Sirona is actively working in research and development to add revolutionary ary tools onto its 3-D platform. One exciting module is the combination of 3-D surface imaging and 3-D radiological software. The clinician can identify, diagnose, plan treatment and fulfill therapy and prevention. It has opened my eyes to a different level of dentistry.

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Dental Savings Club has a wide variety of dental instruments and other products at great savings, thanks to a unique web-based automated ordering system that minimizes expenses and passes savings to customers.

**WOlf handpieces**

Despite the fear it might invoke in patients, the conventional drill remains one of the most important instruments in a dental practice. Although maintaining and repairing these vital instruments can be pricey, such preservation is necessary because of frequent usage and the need for steam autoclaving after each use. Dental Savings Club is already known for great savings on KUT carbide and diamond rotary instruments, Kopy impression material and Hugs & Kisses hygiene instruments and whitening products.

The WOlf handpieces line builds on this reputation for cost efficiency. These lightweight handpieces are available for most systems (KaVo, NSK, W&H, Midwest, Star and 4-hole systems). They are well-balanced and include swivel capability (although couplers are not included), push-button chucks, fiber optics with LED beams (for shadow-free visibility) and a triple-port water spray. WOlf handpieces are known for their low maintenance and repair costs. Their power output is at 18 watts, and the handpiece spins at 400,000 rpm. Best of all, you can purchase a new WOlf handpiece for far less than it costs to repair many name-brand handpieces.

**KOPY impression material**

The name says it all: It implies this material will copy your preparations and margins exactly as they are — and it does. This material is manufactured in the United States and sold by a company based in Canada. Various setting times and viscosities are offered in the Kopy line. For example, for a full-arch impression, this vinyl polysiloxane (VPS) material has 4.5-minute setting time (2.5-minute working time) for the monophase (medium body) as well as both the heavy body and light body materials (wash) so it will accommodate any impression technique.

For single crowns there is a similar variety of viscosities, and the setting time is listed as a fast set of just 2.5 minutes. Color differentiation is good, and it pours nicely. To round out the product line there is a bite registration material that sets in just 50 seconds; and there is an alginate replacement material cleverly named “Algn8” that has a working time of 90 seconds and sets in 2.5 minutes. It is competitively priced for replacing conventional alginate. Alginate substitute advantages include: There is no immediate pour needed; it remains stable for weeks; and it can be poured multiple times (up to five times per the manufacturer).

Currently, the product is available in only 50-ml cartridges, but bulk cartridges should be available soon. For those who still use putty, Kopy also has a nice quality putty available in tubs for mixing by hand.

The Dental Savings Club sums up its high-tech, automated business model as: “More products. Less money.”

(Source: Dental Savings Club)
Newly approved: radiopaque injectable hybrid restorative

BEAUTIFIL Flow Plus restorative is ‘changing dentistry for the better’

Shofu will be demonstrating its revolutionary product BEAUTIFIL Flow Plus during the Ontario Dental Association Annual Spring Meeting at booth No. 1127 this year. Newly approved in Canada, this radiopaque injectable hybrid restorative combines mechanical properties that rival leading hybrids, with the superior adaptation that can be achieved only with a flowable delivery. Approved for all indications (Class I-V), this new concept avails new clinical techniques that promise to revolutionize how restorations are performed, while at the same time, provide a host of benefits and advantages over traditional hybrid layering techniques.

All-in-one base, liner and restorative

Traditional methods of filling and packing hybrids can be time consuming, presenting technique-sensitive issues that may result in post-op sensitivity and/or failure of the restoration. With BEAUTIFIL Flow Plus, material can be syringe-delivered where needed and cured in two-millimeter increments all the way up to the occlusal surface. See Figure 2 and Figure 3, Class I restoration, before and after. Using a single material not only simplifies the steps to perform restorations, it also reduces inventory needs and helps facilitate both setup and clean-up — making for a more productive office.

Flowable adaptation with the strength of a hybrid

The flowable consistency of BEAUTIFIL Flow Plus provides superior adaptation to tooth structure when compared with hybrids. Because the material is flowed into the preparation, rather than being packed as with hybrids, dentists can achieve a tight marginal seal with minimal instrumentation. This helps reduce the occurrence of voids inherent in traditional hybrid packing techniques. Unlike other flowables on the market, BEAUTIFIL Flow Plus is approved for all indications, making it perfectly suited for those difficult to reach Class IIs.

In addition to superior adaptation, BEAUTIFIL Flow Plus was specifically designed to stand up to the rigors of the occlusal surface and marginal ridge. High filler content and unique chemical properties ensure that clinicians have the restoration and surrounding tooth structure from harmful bacteria. Studies on BEAUTIFIL Flow Plus’s sister product, BEAUTIFIL II, a hybrid restorative, highlight these results. As published in JADA, a University of Florida study found that restorations containing S-PRG filler showed no failures, no secondary caries and no post-op sensitivity over an eight-year period, tists can now achieve better adaptation, with a stronger material, in fewer and less complicated steps.

It just stays put

One of the many distinguishing features of BEAUTIFIL Flow Plus is that it stays where you put it. Older-generation flowables tend to spill out of the prep, BEAUTIFIL Flow Plus provides precision stacking capabilities with no slump. This is particularly important when working at awkward angles or with fidgety patients. Two distinct viscosities add to dentists’ treatment options. See Fig. 4, F00/F03 material. “F00” Zero Flow (0.0 mm of flow held vertically for one minute) is ideal for stacking, especially in the marginal ridge. “F03” Low Flow (3 mm of flow held vertically for one minute) handles more like a traditional base or liner. That said, the mechanical properties for both viscosities are similar and can be used interchangeably. Both F00 and F03 display self-leveling characteristics that make polishing easier than ever.

Clinically proven benefits

Shofu’s proprietary GIOMER technology utilizes “Surface Pre-Reacted Glass” (S-PRG) filler, providing a wealth of benefits for high-caries-index patients. Simply put, S-PRG filler is composed of a glass core with a surface-modified layer that protects the durability and aesthetics of the glass from moisture, while still allowing beneficial ions to travel freely between the S-PRG filler and the oral environment. Many competitive restoratives release fluoride initially, but deplete their charge within a matter of weeks. With S-PRG technology, fluoridated products, such as toothpaste and mouthwash, recharge the filler material, providing sustained preventative benefits over the life of the restoration.

As published in JADA, a University of Florida study found that restorations containing S-PRG filler showed no failures, no secondary caries and no post-op sensitivity over an eight-year period, a 13-year recall of these patients is currently under way.

Quality and durability

For decades, Shofu’s “Brownies,” “Greenie” and other polishers have been synonymous with quality and durability in dentistry. While many companies would be complacent as the “go-to” polishing company, Shofu has been on a mission to change dentistry for the better with innovative chemical restoratives such as BEAUTIFIL Flow Plus. Exceptional strength, handling and unique bioactive filler technology make it a product worth seeing for yourself.

Radiopacity

Photos/Provided by Shofu
Key lessons learned in the training trenches

Hands On Training Institute keeps improving ‘sweet spot’

By Ken Hebel, BSc, DDS, MS, Certified Prosthodontist

If asked “What’s your key lesson learned after teaching and practicing implant and restoration dentistry these past 25 years,” my answer is: “Find the sweet spot in course content and delivery that gives dentists the confidence to go back to their offices and immediately implement what they learned.”

All the training in the world does dentists no good if they can’t go back to their practices and immediately apply what they’ve learned to improve patient care and grow their practices. The obstacles to effective application are usually:

- A lack of confidence in their ability to apply what they were taught, caused by too much confusion about what they learned.
- The inability to recall what they were taught because of how the information was delivered to them.
- Or, the information was more theoretical than clinical.

At Hands On Training Institute, we knew we hit the sweet spot when more than 95 percent of our graduates were implementing implant dentistry in their practice almost as soon as they got their suitcases unpacked. Some faster than that.

How did we build this kind of confidence and ability? Simply put, Dr. Reena Gajjar and I continuously evolved our training from old-school techniques to embrace conceptual and practical phases of implant dentistry that patient to buy into a procedure? To know what’s going on, how can a dentist expect concept and ideas throughout in order to clearly understand. Like a child stacking blocks, each lesson must build upon the prior lesson for dentists to understand the message and see a clear path toward the goal. If a student receives a disjointed, disconnected sequence of lessons or modules, confusion results. Using our key observations, we evolved past PowerPoint decks toward using high-quality graphics. We wanted to put the best graphics out there because people learn better with relevant images. We produced high quality, live surgical videos with narration and animations. We used advanced software and created custom animations, thus using a combination of methods to deliver the information in a more understandable way.

To clarify, courses, even if taught by multiple instructors, must carry the same concept and ideas throughout in order to be clearly understood. Like a child stacking blocks, each lesson must build upon the prior lesson for dentists to understand the message and see a clear path toward the goal.

At a major meeting in Liverpool, England, I was invited to lecture about patient education marketing. I introduced the premise that if a patient isn’t educated about a procedure and doesn’t know what’s going on, how can a dentist expect that patient to buy into a procedure? To showcase my point, I covered the video portion of my presentation so that only the narration could be heard. Later, I unmasked the video animation. The difference between the low-value learning (narration only) and the high-value learning (adding video) had tremendous impact on the audience. Dentists sitting in a room subjected to little visual stimulation have the same low-value learning experience, which is why we keep stepping up our content delivery. And we noticed something. What we noticed, after increasing multimedia content delivery to include a four-volume manual set with colored images and captions to give the complete flow of information for the course, was that almost all the students were scribbling less and paying attention more! We received feedback that students could actually listen and not take notes. Taking notes had distracted them from the content, and now they were confident they could reference the manuals later if needed.

And so we observed and evolved once more. Our newest innovation, MyDentalPad, which we introduced at the Midwinter Meeting in Chicago earlier this year, is also featured in our exhibit hall booth for the Ontario Dental Association Annual Spring Meeting (booth No. 324).

MyDentalPad is a fully loaded digital tablet that enables dentists and their staff to easily carry 11 days of implant training material, to have available when they need it.

Containing all the images, text and fully narrated animations and live video, this tablet is a paradigm shift from traditional delivery methods of educational content.

As a (slightly) younger dentist might say, “Sweet.”
STOP OVERPAYING
START SAVING AT BOOTH 441

Extremely low noise level reduces stress for patients
Optimum balanced turbine
Ceramic bearing technology

Patented push button chuck for reliability and security

Precise triple spray ports avoid overheating and ceramic turbines
LED beam fiberoptics for shadow free visibility
Perfectly balanced design
Ergonomic shape alleviates fatigue

Handpieces available for: NSK, STAR, Midwest, W&H (RA-24 & 25), and KAVO Couplers
Fiberoptic • Push Button • Swivel • Triple port water spray • Light intensity 11,500 Lux
18 Watts of torque • Fits NSK, STAR, Midwest, W&H and KAVO couplers • Weighs only 85 gr.
All handpieces backed by 1 year warranty, 6 months on turbines

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- Applications of unique whitening gel provide a quick and convenient way to brighten your smile

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FINALLY, AN INJECTABLE HYBRID RESTORATIVE FOR ALL INDICATIONS

BEAUTIFIL Flow Plus

- Indicated in classes I, II, III, IV & V
- Physical properties rival hybrids
- Stackable & sculptable; stays put
- Self-polishing “leveling-effect”
- High radiopacity, beyond enamel

BEAUTIFIL Flow Plus is the next step in the evolution of restorative materials, combining the delivery of a flowable and the strength, durability, and aesthetics equal to or better than leading hybrid composites.

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